

INDIGO

BAY

KOSHER DINING

KOSHER MENU

by Indigo Bay

Our Kosher Kitchen is now permanent and will be open during all school holidays and on request during other times of the year.

It gives us great pleasure to have you dine with us. We have created a menu for you in accordance with the laws of Kashrut all the while ensuring that each dish is flavourful and of the highest standard. We have sourced fresh local ingredients and have also bought in 100% kosher products to use in the creating of these dishes.



We are a meat restaurant and the Masgicha running our kitchens is Joan Estrin working under the supervision of the Cape Town Beth Din. We are in consultation and under the guidance of Rabbi Maizels to ensure that all the requirements of Kashrut have been met.

We truly hope you have a wonderful experience with us and should you have any enquiries about the kitchen or wish to find out more information about us please do not hesitate to call.

Jorge

083 327 5724

Joan

073 140 5553

ISLANDDINER

MEZZE AND SALADS

TRIO MEZZE SERVED WITH PITA
HUMMUS, FALAFAL, MATBUCHO **R98**

MEZZE SIDES

PICKLES **R25**

OLIVES **R25**

TABLE FRENCH SALAD **R85**

ISRAELI SALAD WITH AVO (POOL ORDERS) **R85**

CARROT, CABBAGE AND PINEAPPLE SALAD **R55**

LEMON AND HERB CHICKEN SALAD (POOL ORDERS) **R98**

MEALS SERVED WITH CHOICE OF CHIPS OR RICE/COUS COUS
OR SIDE SALAD OR SEASONAL VEGETABLES

VEGETARIAN

FALAFAL IN PITA WITH SALAD AND TAHINA **R 89**
(POOL ORDERS)

VEGETARIAN BURGER AND CHIPS **R 89**

FISH

CLASSIC FRESH HAKE TOPPED WITH TARTAR SAUCE **R110**
(POOL ORDERS)

GRILLED FILLET OF SALMON WITH FRESH DILL **R198**

CATCH OF THE DAY **SQ**

FRIED GEFILTE CAKES **R 98**

SIDES

SEASONAL VEGETABLES **R55**

CHIPS (POOL ORDERS) **R40**

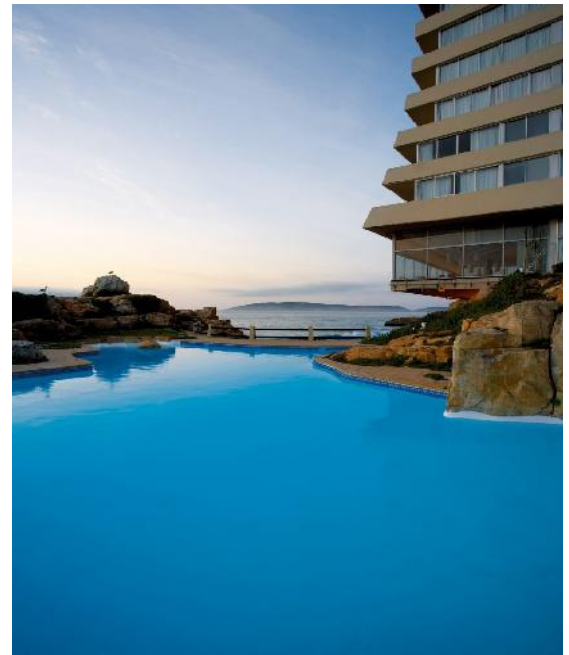
BAKED POTATO **R25**

RICE/COUS COUS **R25**

SIDE SALAD **R55**

EXTRA AVO SLICES **R30**

SAUCES **R25**



PESACH 2017

MON 10 APRIL - **א' ניסן**
TUE 18 APRIL 2017

Let us cater your 100%
Kosher and Stress Free
Pesach Holiday

Contact Jorge for more info
on 083 327 5724
jorge@islanddiner.co.za

ISLANDDINER

Shabbos

SHABBOS MEALS
(ORDERS BY THURSDAY 14H00)

CHALLAH
(ORDERS BY THURSDAY 14H00)

COLLECTION BETWEEN
13H00 AND 15H00 FRIDAYS

CHICKEN

½ GRILLED CHICKEN WITH LEMON AND HERB OR PERI PERI	R195
BBQ CHICKEN BREAST GRILLED	R185
OUR FAMOUS CHICKEN STRIPS FRIED OR GRILLED WITH A BBQ SAUCE (POOL ORDERS)	R120
CHICKEN BURGER ON A TOASTED BUN WITH THE TRIMMINGS (POOL ORDERS)	R120
CHICKEN IN PITA WITH SALAD AND TAHINA (POOL ORDERS)	R 98
TOASTED CHICKEN MAYO	R 98
HONEY, GARLIC CHICKEN OVEN COOKED	R195
ROTISSERIE WHOLE CHICKEN	R295

OFF THE GRILL

RIB-EYE STEAK GRILL 300G	R198
LAMB CHOPS GRILL 250G	R198
BBQ BEEF BURGER ON A TOASTED BUN WITH THE TRIMMINGS (POOL ORDERS)	R 98
BOEREWORS ROLL 150G (POOL ORDERS)	R 89
JUICY TENDER BEEF RIBS 500G GRILLED	R220
HOT DOG GRILLED (POOL ORDERS)	R 60
LAMB SHANK ITALIAN STYLE SLOW COOKED	R220
HOT BEEF ON RYE WITH PICKLES AND COLESLAW (POOL ORDERS)	R 98

DESSERT

BROWNIES WITH WHIPPED TOPPING AND BERRY COULIS	R58
NUT BRITTLE CASSATA	R58
ROASTED STONE FRUIT WITH WHIPPED TOPPING	R48
FRESH FRUIT PLATE	R58

KOSHER

Sushi

POOL ORDERS

<u>MAKI</u>	<u>6 PIECES</u>
SALMON	R75
AVO	R55
CUCUMBER	R55

<u>CALIFORNIA ROLL</u>	<u>8 PIECES</u>
SALMON	R95
RAINBOW ROLL	R95

<u>SASHIMI</u>	<u>3 PIECES</u>
SALMON	R110

<u>HAND ROLL</u>	<u>1 PIECE</u>
SALMON	R95
VEG	R85

<u>30 PIECE PLATTER</u>	<u>R440</u>
MAKI	X2
CALIFORNIA	X2
HAND ROLL	X2

*TUNA SUBJECT TO AVAILABILITY
SERVICE SUBJECT TO AVAILABILITY*