

» the fat fish »

PLETTENBERG BAY / GEORGE / GARDEN ROUTE / SOUTH AFRICA

Book Online - www.thefatfish.co.za - Plettenberg Bay 044 533 4740 - George 044 874 7803

STARTERS

KINGKLIP CEVICHE , apple, radish, and sunflower sprout salad and lemon vinaigrette	R95	U MUSHROOM DIM SUM , artichokes, hoisin mushrooms, lemongrass broth, chilli and radishes	R75
KATAIFI PRAWNS , coconut and corn slaw, coriander aioli and peanut crumb	R125	PERI PERI CHICKEN LIVERS , crème fraiche, chilli flakes and homemade bread	R65
OYSTERS , curried cream and cucumber and fennel granita	R28ea	SESAME FRIED CALAMARI , creamy black rice, miso mayo and fresh orange segments	R105
FISHCAKES , apple, radish sunflower sprout salad, miso mayo and toasted sesame seeds	R69	U WILD MUSHROOM ARANCINI , blue cheese sauce, hoisin mushrooms, coriander gremolata and crisp parmesan	R95
BOBOTIE SPRINGROLLS , tomato and olive atchar	R70		

SALADS

U PEAR AND BLUE CHEESE SALAD , avocado, red onion, toasted almonds, honey and thyme vinaigrette	R105
U SMOKED BUCKWHEAT AND ROAST VEGETABLE SALAD , onion purée, fresh radishes and sunflower sprouts and pumpkin gribiche	R85
U THE FAT FISH LEAF LESS GREEK SALAD crispy feta, basil, tomato, olives, toasted seeds and lavash	R85

...fish and other lekker things from the sea

MAINS

or chicken or beef from the grill!

BEER BATTERED FISH chips, frikake seasoning and tartar sauce	R125	GRILLED PRAWNS 6 per portion Asian fried rice, parsley and garlic butter, peri peri sauce	R230	U MUSHROOM GNOCCHI sundried tomatoes, blackened baby onion, hoisin mushrooms, butterbean purée and parmesan shavings	R135
FRIED CALAMARI sesame coated, coconut and corn slaw and wasabi aioli	R169	10 per portion	R360	U TAGLIATELLE ARRABBIATA tomato and olive atchar, rocket, baby onions and parmesan shavings	R135
BURMESE SEAFOOD CURRY Asian fried rice, toasted coconut and poppadom	R195	GRILLED WHOLE FISH coconut and corn slaw, smoked sweet potato, lemon and ginger butter	R170	GRILLED HAKE AND SESAME CALAMARI apple and mange tout salad, miso mayo, garlic and parsley butter	R175
HARISSA SEAFOOD TAGLIATELLE linefish, mussels and calamari, creamy harissa sauce, garlic crumb and parmesan shavings	R185	PARMESAN CHILLI KINGKLIP chips and chilli butter	R215	SEARED TUNA chilled tomato, olive and cucumber salad, miso mayo, sumac, lemongrass and chilli vinaigrette	R175
GRILLED HAKE garlic and lemon fried bean medley, mussel butter and coriander gremolata	R145	SEAFOOD PLATTER FOR 2 grilled linefish with chilli butter, sesame fried calamari, lemongrass and ginger mussels, grilled prawns, Asian rice, side salad and selection of sauces	R595	CAPE MALAY CHICKEN chicken breast, brown rice, fresh green apple, pineapple chutney, coconut and corn slaw	R175
GRILLED SIRLOIN OR RUMP STEAK - 300g , chips, crispy onions, horseradish and mustard cream, coriander gremolata	R235	WEST COAST MUSSELS fragrant ginger and coconut cream, toasted coconut and fresh coriander	R155		



BARRINGTON'S

PLETTENBERG BAY

RESTAURANT - CRAFT BREWERY
BAKERY & GROCER - SMALL HOTEL

An artisanal experience destination in the heart of Plettenberg Bay.

NOW OPEN FOR BREAKFAST !

Breakfast - 08:00 - 12:00

Lunch & Dinner - 12:00 - 22:00

Bar - 12:00 - 23:00

Bakery & Grocer - 08:00 - 18:00

Please note

Barrington's does not take reservations.

www.barringtonsplett.co.za

DESSERTS

LEMON PANNA COTTA burnt Italian meringue, orange curd, yoghurt and passionfruit ice cream, shortbread biscuits	R70
AMARETTO BRÛLÉE poached naartjies, pickled currants, chocolate, orange and hazelnut biscotti	R75
PEAR GINGER AND CHOCOLATE TART honeybush and lemongrass ice cream, malt syrup	R85
RUM AND COFFEE MOUSSE mango mascarpone and fresh fruits	R65
BANANA MALVA PUDDING condensed milk ice cream and chocolate soil	R60

WE ONLY USE CHALMAR BEEF

Matured to perfection, chargrilled and topped with chef's herb butter, served with our hand cut chips tossed in rosemary rock salt

Sauces... R30

PERI PERI
BLUE CHEESE
CREAMY PEPPER
CREAMY HOISIN MUSHROOM

Sides...

STEAMED VEGETABLES	R25
AVOCADO	R25
CHIPS	R25
RICE	R20

FISH FOOD FOR GUPPIES

Grilled or Fried Hake and Chips – Tartar Sauce	R75	Kiddies Waffle – Vanilla Ice Cream and Caramel Sauce	R45
Chicken Strips and Chips – Creamy Cheese Sauce	R75	Warm Brownie – Vanilla Ice Cream and Chocolate Sauce	R65
Sesame Fried Calamari and Chips – Tartar Sauce	R75	Kids Ice Cream – 1 Scoop with Chocolate or Caramel Sauce	R25
Macaroni and Cheese – Grated Cheddar Cheese	R55	2 Scoops - Vanilla or Chocolate - with Chocolate or Caramel Sauce	R50



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SMALL PLATES

Tuna Limoncello herb salad	R89	Crispy Calamari miso mayo, creamy smoked barley and ginger caramel	R95
(V) Dahl Springrolls cucumber and yoghurt raita	R60	Skaapstertjies tomato bredie sauce	R75
Harissa Mussels fresh coriander, homemade baguette	R80	Pulled Brisket Slider pickled radishes, homemade sesame bun and red onion marmalade	R75
Cape Malay Chicken Livers mildly spicy with homemade baguette	R69	Smoked Pork Ribs apple and pear chutney	R78
(V) Herbed Cream Cheese Poppers super spicy with chimichurri sauce	R60	Fried Prawns ginger, chilli, lemongrass and coriander	R125
Bitterballen stout and maple mustard	R75	(V) Smoked Chickpea and Basil Falafel humus, Greek salad, crispy feta	R85
Sticky Chicken Wings	R65		

SALADS

(V) Smoked Barley Roast Vegetable Salad , avocado, toasted seeds and chimichurri sauce	R75
(V) Smoked Pear and Blue Cheese Salad muscadel compote, pickled fennel	R100
(V) Barrington's Side Salad garden leaves, fennel, pickled red onion, cherry tomato and toasted seeds	R55
(V) Watermelon Salad basil, goats cheese, rocket and toasted seeds	R80

BARRINGTON'S SMALL HOTEL

Winter Special

Dinner, Bed and Breakfast
from as little as R1350 per room, per night, 2 adults sharing

Book your Stay:
www.barringtonsplett.co.za or email: sleep@barringtonsplett.co.za

Offer Valid - May 2021 to August 2021

BIG PLATES

(V) Artichoke Tagliatelle homemade pasta, mushroom, sundried tomato, mozzarella, parmesan, sage and date dukkah	R105	Flame Grilled Beef Burger homemade garlic and herb wedges, caramelized onion, hoisin mushrooms, thyme hollandaise	R135
(V) Indonesian Vegetable Curry basmati rice, chopped dates and cashew nuts	R95	English Ale Battered Fish and Chips danjah chutney	R125
Chalmar Sirloin or Rump Steak 300g, hoisin portebellini mushrooms, potato wedges, crispy onions	R240	Grilled Linefish pumpkin, macadamia and quinoa salad, lemon butter and herbs	R195
Smoked Pork Ribs 450g, warm potato salad, apple and pear chutney	R235	Beef and Stout Pie pickled fennel, tomato and toasted seed salad, homemade beef jus	R155
Lemon and Herb Smoked Baby Chicken potato and spinach salad, dill vinaigrette	R185		

DESSERTS

Lemon Verbena Meringue mango purée, chocolate soil, coconut and rum ice cream	R65	Ice Cream Cone • malva ice cream and caramel popcorn	R40
Milk Tart Brûlée tahini and cardamom ice cream, boerejongens and honeycomb	R75	• salted caramel cotton candy	
Guava, Gin and Rose Panna Cotta prune cream, berry sorbet and fresh berries	R68	• passionfruit and chocolate with marshmallows	

BARRINGTON'S BAMBINOS

Crispy Chicken Wings and potato wedges	R65	Pork Ribs and potato wedges	R85
Tagliatelle Pasta , herb butter and parmesan shavings	R70	DESSERTS	
Brisket Slider and potato wedges	R85	Cream Soda Float	R45
Fried Calamari , potato wedges and mayo	R65	Banana Split coconut yoghurt, chocolate sauce, caramel popcorn and vanilla ice cream	R55
Bitterballen and potato wedges	R75	Ice Cream Cones	R40